

March 2010

YMCA Center for Young Adults
2100 Building
2100 24th Avenue South, Suite 250
Seattle, WA 98144

Community Shared Calendar of upcoming events for youth and young adults.

MON	TUE	WED	THU	FRI	SAT
1 Tax Prep 2:00-4:00 PM Job Connection 4:00-5:00 PM	2 Take Charge of Your Health 3:00-4:00 PM Education Now! 4:00-6:00 PM MAC Meeting 4:30-6:00 PM Housing Orientation 3:00-5:00 PM	3 RAP Orientation 2:00-4:00 PM Working Your Money 3:00-4:00 PM ▲ D.R.U.M. Book Club	4 Money Fitness Plan 3:30-4:30 PM Job Connection 4:00-5:00 PM Girls Group 5:00-6:00 PM	5 Play & Mingle 12:00-2:00 PM	6 ▲ UNDER THE SEA POOL PARTY
8 Rhythm & Reason 2:00-3:00 PM Tax Prep 2:00-4:00 PM Job Connection 4:00-5:00 PM Transitional Housing Class #1 4:00-6:00 PM ▲ Region 4 Chptr. Mtg	9 Take Charge of Your Health 3:00-4:00 PM Education Now! 4:00-5:00 PM Gear Up for Summer Quarter 5:00-6:00 PM MAC Meeting 4:30-6:00 PM	10 RAP Orientation 2:00-4:00 PM Working Your Money 3:00-4:00 PM Transitional Housing Class #2 4:00-6:00 PM W.A.G.E.S. Orientation 4:00-5:00 PM	11 Cooking Class 2:00-4:00 PM Money Fitness Plan 3:30-4:30 PM Job Connection 4:00-5:00 PM Credit Counseling 4:30-6:30 PM Housing Orientation 3:00-5:00 PM Girls Group 5:00-6:00 PM ▲ Youth in Focus	12	13 
15 Job Connection 4:00-5:00 PM Permanent Housing Class #1 4:00-6:00 PM	16 Education Now! 4:00-6:00 PM MAC Meeting 4:30-6:00 PM Transitional Housing Class #1 6:00-8:00 PM	17 RAP Orientation 2:00-4:00 PM Working Your Money 3:00-4:00 PM W.A.G.E.S. Orientation 4:00-5:00 PM ▲ St. Patrick's Day ▲	18 Job Connection 4:00-5:00 PM Legal Clinic 4:00-6:00 PM Girls Group 5:00-6:00 PM	19 ▲ Youth in Focus	20  SPRING BEGINS
22 Job Connection 4:00-5:00 PM Permanent Housing Class #2 4:00-6:00 PM D.R.U.M. Book Club 3:00-5:00 PM	23 Education Now! 4:00-6:00 PM Transitional Housing Class #2 6:00-8:00 PM MAC Meeting 4:30-6:00 PM	24 RAP Orientation 2:00-4:00 PM Working Your Money 3:00-4:00 PM Housing Orientation 3:00-5:00 PM	25 Get on the Road 1:00-3:00 PM Job Connection 4:00-5:00 PM Girls Group 5:00-6:00 PM	26	27
29 Tax Prep 2:00-4:00 PM Job Connection 4:00-5:00 PM	30 Take Charge of your Health 3:00-4:00 PM Education Now! 4:00-6:00 PM MAC Meeting 4:30-6:00 PM	31 RAP Orientation 2:00-4:00 PM Working Your Money 3:00-4:00 PM	<div style="border: 2px dashed black; padding: 10px; text-align: center;"> <p>Please see event descriptions on following page for eligibility, location and contact information.</p> </div>		

March 2010 CALENDAR EVENT DESCRIPTIONS

Cooking Class Drop-in: Come learn how to make quick and easy dishes that's hearty, health conscious and delicious using a small budget. Contact **Whitney Lewis** for more information at (206) 749-7550 or wlewis84@u.washington.edu

Credit Counseling: Having trouble with your credit? Do you want to find out how to improve your credit score? Come get a FREE 30 minute one on one consultation with a Certified Credit Counselor who will assist with assessing debt, developing repayment plans, dealing with creditors and more! To participate in this class you must print out and bring your credit report which can be attained at www.annualcreditreport.com. Contact **Charmaine Jones** at cjones@seattlemca.org or 206-749-7574 or **CeCe Smith** at 206-749-7561 or csmith@seattlemca.org for more information.

▲ D.R.U.M. Book Club: The Diverse Reading to Understand Multiculturalism Book Club provides a chance for young adults to read a selected book and then meet together and discuss. DRUM members will have an opportunity to go to Seattle University March 3rd for a discussion of the movie Precious, which is the book club's current read. Contact **CeCe Smith** at 206-749-7561 or csmith@seattlemca.org for more information.

Education Now!: Drop-in to get one-on-one help with your school goals or to study! Look for a list in the Center Computer Lab of what school tasks you should be thinking about this month if you want to stay on track in college or high school, or are thinking about applying for college. **Can't make a workshop? Come to Education Now to get the info you missed!** Contact **Melody Newburn** for more information at 206-749-7578 or mnewburn@seattlemca.org.

Free Legal Clinic: Come to the Center and tap into free legal advice from a real live lawyer. Jill Malat will be giving free legal advice on most civil issues such as benefits, housing, driving issues, debt/credit, identity theft and family law. Resources for full legal representation will be provided. Contact **Aaron Fox** for more information at 206-749-7586 or afox@seattlemca.org

Gear Up for Summer Quarter: Extra financial aid forms are due if you want to get summer quarter financial aid and work study. School's deadlines range from as early as March 1 (Bellevue College) to as late as May 1 (Renton Technical College). If you plan to keep taking classes this summer, come in to get help learning your school's deadline and submitting your paperwork. Contact **Melody Newburn** for more information at 206-749-7578 or mnewburn@seattlemca.org.

Get on the Road: Do you have questions on how to begin this process? Well come to, Get on the Road, where you will learn how to obtain a driver's license. Get assistance with the writing portion of driver's education, review the driver's education booklet and take a sample practice test. Contact **Charmaine Jones** at cjones@seattlemca.org or 206-749-7574 for more information.

Girls Group: Girls Group is a safe and supportive place for young women to share stories, make art, and develop courage and confidence. We will use activities like collage, journaling, drawing, painting, and poetry. Come hang out, build friendships, and share your thoughts with us! Contact Katie Arrants at 206-749-7583 or karrants@seattlemca.org for more information

Housing Class: Young Adults interested in YMCA housing must attend an orientation to find out about our housing, requirements, etc. Those interested in moving into YMCA housing following the orientation have 90 days to complete two Transitional Housing Classes. Young Adults interested in Permanent Housing subsidies must attend the orientation and two Permanent Housing classes. Contact **Center Staff** for more information at 206-749-7550.

Job Connection: Drop-in to get personalized assistance with your job search. Open to everyone. Contact **Edymir Guerrero** for more information at 206-749-7586 or eguerrero@seattlemca.org

MAC Meeting: The Member Advisory Committee (MAC) is participant led and is involved in outreach, program development and evaluation to ensure the needs of YAS participants are being met. If you're a Center member and you're interested in leadership, public speaking and have creative ideas for the Center contact **Alex Okerman** at aokerman@seattlemca.org or 206-749-7549.

Money Fitness Plan: Are you worried about your finances? Are you avoiding your money problems? Concerned the you don't have enough money to live? Are you one month away from bankruptcy? If you answered yes to any of the previous questions than you need to create your money fitness plan! Financial Planner Debbie Lawton from Creative Solutions will teach the skills to develop good financial health. Contact **Charmaine Jones** at cjones@seattlemca.org or 206-749-7574 for more information.

Play & Mingle: Come and enjoy board games, X-Box, and light refreshments. All while having fun and mingling with your peers! Contact **Charmaine Jones** at cjones@seattlemca.org or 206-749-7574 for more information.

RAP Orientation: The Rental Assistance Program (RAP) is designed to aid members of the YMCA Center for Young Adults with funds which will help in sustaining housing. Contact **Charmaine Jones** at cjones@seattlemca.org or 206-749-7574 or **Aaron Fox** at afox@seattlemca.org for more information.

▲ Region 4 Chapter Meeting: If you have something to say, share it!!!! Foster youth and former foster youth will be meeting to plan and engage in community activities, trainings and work together to change the foster care system and of course Have FUN!!! **Food will be provided!!!** For more information contact **Georgina Ramirez** at Georgina@mockingbirdsociety.org or 206-838-6646

Please call the contact person to register for a class or for more information.

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Rhythm & Reason: Rhythm & Reason is a weekly drop in discussion group in which participants will have an opportunity to use hip hop as a tool to identify positive and challenging aspects in their personal lives. Furthermore we will use songs to learn conflict resolution and communication skills. Contact Edymir Guerrero at eguerero@seattlemca.org or 206-749-7547 for more information.

Take Charge of Your Health: Come learn about and discuss the health issues relevant to your life, including sexual health, depression & anxiety and common diseases. We'll talk about what you can do at home, when you should go to the doctor, and where you can go for free and low-cost services. Contact Erin Larsen-Cooper for more information at 206-749-7550 or eclc@uw.edu

Tax Prep: Bring your W2 from and complete your income tax online with assistance from staff or gain resources and knowledge on the ins and outs of tax preparation. Contact Aaron Fox for more information at 206-749-7586 or afox@seattlemca.org

▲ Under the Sea Pool Party: Free event for kids and parents at Medgar Evers Indoor Pool, 500 23rd Ave. Free swim lessons, dinner, raffle prizes and more. Contact Devon at 206-734-7823 for more information.

W.A.G.E.S. Orientation: Are you looking for a job? Or want to improve your job skills? The W.A.G.E.S. program can help. W.A.G.E.S. is a paid 8 week Job Readiness Program. Participants **MUST** attend the orientation class to be eligible. For more information contact Edymir Guerrero at eguerero@seattlemca.org or 206-749-7547.

Working Your Money: Learn ways to spend your money on the things you need and the things you want. Plan a personal budget, learn the complex ways of the credit world and engage in conversations that help you obtain the material items and more importantly the necessities you need in day to day life. Contact Aaron Fox for more information at 206-749-7586 or afox@seattlemca.org

▲ Youth in Focus: Youth in Focus will have two receptions in March for you to come and enjoy. March 3rd at the 2100 building & March 19th at Harrison Gallery at the Seattle Center. Come and support our youths hard work. For more information contact Kat Vello at 206-407-2124 or katv@youthinfocus.org

Coming in April

- Tax Prep Workshops
- Get on the Road
- Ethnic Cooking Class

YMCA Center for Young Adults is a community resource center for young adults who have experienced foster care or homelessness, ages 17-25. Located in the 2100 Building in south Seattle, The Center is a comfortable space where young adults can pursue their housing, education, and employment goals, meet other young people and relax. Most of the workshops provided will take place in The Center, unless otherwise stated.

▲ = OFFSITE Activities/Workshops

- 3/3 DRUM Book Club - Seattle, WA
- 3/6 Under the Sea Pool Party – Seattle, WA
- 3/7 Region 4 Chapter Mtg. - Seattle, WA
- 3/11 Youth in Focus Reception - Seattle, WA
- 3/19 Youth in Focus Reception – Seattle, WA

