

PUGET SOUND RUNAWAY AND HOMELESS YOUTH COLLABORATION

Auburn Youth Resources - Cocoon House - Friends of Youth - YouthCare

Welcome to the first *Puget Sound Runaway and Homeless Youth (RHY) Collaboration* newsletter!

This first issue contains basic information about the services we all provide. For more information about specific programs, please visit the agency website or contact them directly.

This collaboration provides program leaders with quarterly meetings, trainings and monthly newsletters containing program openings, waitlist estimates as available, new resources, etc.

Next meeting: Thursday, January 12th, 2012 (noon-3:00pm) at Friends of Youth offices in Redmond (16225 NE 87th Street Suite A - Baker Adams Room)

Please RSVP to Paola at paola@friendsofyouth.org

Auburn Youth Resources

Severson provides a 2-year transitional housing for low barrier youth.

- Located in Auburn, Lea Hill, by Green River Community College
- Serves homeless youth ages 18-24
- 10 units available
- Case Management support
- To make referrals contact Sara Martel on Wednesdays, Thursdays, or Fridays at 253.350.5562

SKYS (South King County Youth Shelter) is:

- Located in Auburn
- Serves 10-17 year old youth in need of shelter
- 4 beds funded through the Basic Center/RHY grant and are private placement beds for runaway and homeless youth

- May stay up to 21 days
- Payment is required based on a sliding scale

Coming Up provides a 5-year permanent housing for high barrier youth.

- Located in Kent and Federal Way
- For homeless youth ages 18-24 who have strong ties/connections to the South King County area
- 30 units available
- Provides Case Management support
- Referrals come directly from AYR PRO Youth Case Management
- Referrals can be made to sarahmu@ayr4kids.org

PRO Youth Case Management provides connections to resources, basic needs items, and general assistance (ID obtainment, transportation, facilitation, goal setting)

- Serves homeless youth ages 15-22
- Street based services –can meet youth where they are at
- 2-year length service limit
- Referrals can be made to:

Eleta Wright at eletawr@ayr4kids.org / 253.350.6640

Alo Lautogia at alola@ayr4kids.org / 253.740.7188

Cocoon House

Long Term Transitional Housing - "The Complex" provides:

- Long-Term housing for up to 16 youth ages 13-17
- 2-person rooms that include private bathrooms
- Admissions based on client referrals
- Clients are provided with meals, laundry service, clothing, substance abuse and mental health counseling, recreation opportunities, life skills class, referral to other services, family reunification, dedicated case



management, school assistance.

Long-Term Transitional Housing - "East Shelter" provides:

- Long-Term housing for up to 5 youth ages 18-21
- Admission based on client referrals
- Maximum stay of 90 days with possible 30 day extension
- Clients are provided with meals, laundry facilities, clothing, substance abuse and mental health counseling, recreation opportunities, life skills class, referral to other services, family reunification, dedicated case management, school assistance.

Short Term Emergency Shelters:

Central Shelter provides:

- An overnight shelter for 8 youth ages 13-17
- Availability is 1st come - 1st served
- Doors open at 3:00pm and closes at 9:00pm
- Maximum length of stay is 14 days
- Guests are provided with dinner, showers, laundry service, clothing, breakfast, substance abuse and mental health counseling, recreation opportunities, life skills class, referral to other services, family reunification, case management, school assistance
- Location: 2726 Cedar Street, Everett, WA 98201
- Contact: 800.259.6042

Central Shelter provides:

- An overnight shelter for 6 youth ages 13-17
- Availability is 1st come - 1st served
- Open 24/7 to receive new clients
- Maximum length of stay is 14 days
- Guests are provided with dinner, showers, laundry service, clothing, breakfast, substance abuse and mental health counseling, recreation opportunities, life skills class, referral to other services, family reunification, case management, school assistance
- Location: 521 Highland Drive E, Arlington, WA 98223
- Contact: 800.259.6042

Street Outreach Drop-In Center - "U-Turn":

U-Turn is a low barrier resource and drop in center for youth ages 13 through 20. U-Turn's purpose is to build

relationships between street youth and U-Turn staff in order to prevent homelessness or help youth leave the streets. U-Turn provides direct access for youth to connect with Cocoon House programs like the Advocate/ Outreach, Shelters, and Prevention. Services offered at U-Turn include but are not limited to:

- Hours of operation are: Monday through Friday from 2:00pm to 7:00pm
- Case Management, staff support, peer mentoring
- Information and referral for housing, counseling, job readiness, crisis intervention
- Health care services and safety education: Substance Abuse, Sexual/Domestic Violence, Prevention, visiting nurse and referrals for testing of STDs & HIV
- Employment and education: employment board, skills building and job search assistance, tutoring, and furthering education prep
- Men's room/Ladies room - gender-specific discussion groups; community information presentations
- Providing necessities: hygiene, packets, socks, hats, gloves, food, etc.
- Games, movies, arts and crafts, activities and events, a safe place to have fun

Prevention Services: Cocoon House prevention services provide support and programs to assist parents and families struggling with teen issues. Free services include:

Services in English & Spanish:

- Phone consultation: A Masters Level Therapist helps parents understand their teen and create an action plan
- Parenting classes: Teaches parents empathy and skills specific to the teen years
- Support Groups: Weekly confidential support group that brings parents of teens from isolation to connection
- "WayOut" Seminar: 2-day seminar for parents and teens to strengthen their relationship and learn healthy life skills

Services in English:

- In-Home Family Counseling: Helping parents of teens achieve goals they create together

Friends of Youth

Youth Haven homes serve as short term emergency placements for homeless youth under a federal grant and for state involved youth in short term BRS Assessment for WA Children's Administration.

- **Youth Haven Kenmore** is a licensed staffed residential home for up to 5 boys
- **Youth Haven Bellevue** is a licensed foster home for up to 5 girls but may also accept a girl with a male



sibling as a pair

- Youth may remain for approximately 21 days (for homeless youth) and 30 days (for BRS Assessment youth)
- Contact: 24 hour intake line 206.236.KIDS (5437)

Outreach provides:

- Case management to youth and young adults ages 16-22 in East King County
- Bus tickets, snack packs, hygiene supplies and warm weather gear (as available) is provided to 18-24 year olds through our Drop In Center located at 16225 NE 87th St, Suite B12. Drop In hours are Mon 2pm-5pm, Wed 9am-12pm, and Fri 1pm-5pm
- Street Outreach team travels across East and North King County on weekdays providing resource information and basic need supplies. Schedule can be found at:
<http://friendsofyouth.org/streetOutreach.aspx>
- Contact: 425.869.6490 x341 during business hours

The Landing provides:

- Overnight shelter for 15 homeless young adults ages 18-24
- Line-up is at 8:30pm and doors open at 8:45pm
- Guests are provided with dinner, showers, laundry service, clothing and breakfast in the morning
- Location Sunday-Thursday nights @ Bellevue Family YMCA (14230 Bel-Red Road, Bellevue, WA 98007; Metro Route 233)
- Location Friday-Saturday nights @ Lake Washington United Methodist Church (7525 132nd Ave NE Kirkland, WA 98033)
- Contact: 425.449.3868 or
- Email at landing@friendsofyouth.org

Transitional Living Programs

- **New Ground Sand Point** houses 6 young mothers ages 18-21 who are pregnant or parenting their first child up to the age of 3. Residents may stay in the program for up to 2 years.
- **New Ground Bothell** houses 14 young mothers ages 18-21 who are pregnant or parenting their first child up to the age of 3. Residents may stay in the program for up to 2 years.
- **New Ground Kirkland** houses 9 single young adults ages 18-21. Residents may stay in the program for up to 18 months.
- **New Ground Everett** houses 12 single young adults ages 18-21. Residents may stay in the program for up to 18 months.
- **New Ground Avondale Park** houses 24 young families whose head of household is/are 18-24. Residents

may stay in the program for up to 2 years.

- Contact: Transitional Living Program Central Intake Line at 206.409.6009 or jessicao@friendsofyouth.org

Supportive Permanent Housing provides:

- Rental assistance & Case Management support to 25 clients ages 18-25 and their families
- Contact Amanda Launay at 425.869.6490 x321 or
- Email at amanda@friendsofyouth.org

YouthCare

Home of Hope provides:

- Transitional Living in two-bedroom apartments for 20 employed youth ages 18-24
- Clean and sober housing
- Education and Employment Specialist support
- Residents are required to work and/or study and pay 30% of their income in rent
- Can remain in program for up to 18 months

Open Doors provides:

- Subsidize rent for employed young adults ages 18-25
- Rent can not exceed 50% of gross monthly income
- Mandatory Case Management support
- Can remain in program for term of lease (6 to 12 months)

Safe Place serves Youth ages 12-17. When a youth is in crisis:

- Go to any King County Metro Bus Driver and ask for help. The request will activate the Safe Place protocol to contact a YouthCare Counselor. The Bus Driver will arrange to meet the Youth Counselor, who will transport the youth to one of the closest shelters (Auburn Youth Resources, Friends of Youth, or YouthCare) or other needed services. While at the shelter the YouthCare Counselor will assess the youth's needs and provide resources accordingly.
- Text 69866 with the word "Safe" and current location. They will receive a text within seconds of the nearest youth shelter or safe place and phone number.



Transitional Housing Programs include:

Passages:

- A house-like setting for 8 youth ages 18-21
- Residents are required to work and/or stud and pay 30% of their income in rent
- Youth can remain program for up to 2 years

ISIS House:

- A house-like setting for 10 youth ages 18-21
- Residents are required to work and/or study and pay 30% of their income in rent
- Can remain in program for up 2 years
- Focuses on needs of LGBT homeless youth

Catalyst at Straley House:

- A low-barrier TLP in a house-like setting for 12 youth ages 18-21.
- Mental health and chemical dependency counseling
- Can remain in program for up 18 months

Emergency Shelters provide stabilization, counseling, and case management services:

- **Adolescent Emergency Shelter** provides emergency shelter for up to 12 youth ages 12-17 years with a max stay of 30 days.
- **Young Adult Shelter at the James W. Ray Orion Center** provides 15 emergency shelter beds for young adults ages 18-24 seven nights a week. Overnight stay on first-come, first-served basis

The Bridge Program provides:

- Targeted recovery services for boys and girls ages 12-18 who have experienced commercial sexual exploitation.
- Intervention and outreach
- Emergency shelter
- Transitional housing
- Therapeutic services
- Education and employment training

Education programs offer young people the chance to re-engage with school in a safe environment tailored to the social and academic needs of homeless youth.

- **Seattle Public Schools Interagency Academy** on-site at the James W. Ray Orion Center
- **GED Tutoring** prepares young people for the required testing and prepares them for post-secondary education
- **Post-secondary application support** is a partnership with Seattle Education Access to help youth learn about post-secondary options, prepare for exams, apply for financial aid and admissions.

Employment programs provide paid job training to young people, who also learn job search skills, resume writing, and interview tips, while working on educational goals.

- **Barista Training and Education Program** is an 8-week program for 16-24 year olds interested in espresso preparation and retail service.
- **The Tile Program** is a 10 week program for 15-22 year olds interested in ceramic tile arts.
- **YouthTech** is a 12 week program for youth ages 16-24 in basic computer hardware and software skills.
- **Civic Justice Corps** is a 6 month job training program for youth ages 18-22 who have been involved in the juvenile justice system in the last year.
- **YouthBuild** is a 6 month program for 18-24 year olds to learn construction skills, earn certification, and work on leadership and professional development.

Street Youth Outreach and Drop-in Services

Outreach: 4 nights each week, the street outreach team distributes food, clothing, information, and service referrals in designated areas to youth ages 12-22.

Drop-in: Four afternoons a week, the James W. Ray Orion Center is open for drop-in, where youth ages 12-22 can access supplies (clothing and hygiene products), showers, laundry, service referrals, case management, legal assistance, and medical care.

Meals: Breakfast, lunch, and dinner are served five days a week for youth ages 12-22 at the Orion Center.

